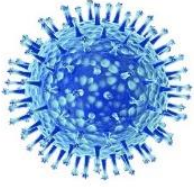


What Food Service Workers Need to Know About Hepatitis A *Right Now*



HEPATITIS A is a contagious liver infection caused by a virus. Hepatitis A is transmitted by the fecal-oral route, either through person-to-person contact or consumption of contaminated food or beverages.

IF YOU THINK YOU MAY HAVE HEPATITIS A, OR HAVE BEEN IN CONTACT WITH SOMEONE WHO HAS HEPATITIS A, DO NOT COME TO WORK AND SEE YOUR HEALTH CARE PROVIDER RIGHT AWAY!

KNOW THE SYMPTOMS

Symptoms appear 15-50 days after exposure to the virus

- Jaundice
 - yellowing of skin/ eyes
- Fever
- Fatigue
- Stomach pain
- Loss of appetite
- Nausea
- Vomiting
- Dark colored urine
- Pale colored stool

HOW DOES IT SPREAD?

- By not washing hands or not washing hands thoroughly after using the restroom
- Through close contact with someone who is infected with the virus
- Having sex with an infected partner, especially men who have sex with men
- By eating/drinking contaminated food or beverages
- By using illegal drugs

GET VACCINATED

The Hepatitis A vaccine series is safe and the most effective way to protect yourself.

**ALWAYS PRACTICE
PROPER HANDWASHING
TO PREVENT THE
SPREAD OF ANY ILLNESS!**



For more information contact:

Summit County Public Health
www.scph.org

Communicable Disease Unit
330-375-2662
Clinic (Hep A vaccine info)
330-375-2772