

**APRIL 27, 2023 @ 12 - 1PM**

**VIRTUAL LUNCH & LEARN**



# TALKING ABOUT BRAIN HEALTH & AGING: THE BASICS

Let's kickstart conversations by laying a foundation of information around ways to promote healthy aging and reduce potential threats to brain health no matter your age at this moment.

Join me for a FREE virtual Lunch & Learn workshop!

SCAN ME



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## **NICOLE B. BECHER MAED, LPSC**

Nicole Becher is a Clinical Coordinator with the Summit County Public Health Department working with program initiatives under communicable diseases and senior and adult services. The Covid-19 Pandemic gave Nicole an opportunity to pivot into the Public Health Sector. Earning her Bachelor's Degree in Sociology from Walsh University and Master's Degree in Education from Malone University, she has created a career focused on client advocacy, program development and community education on behalf of vulnerable populations across various industries.